u'NdL lhNnf d'l;sf]6 gu/kfnLsf j8f g+= $ lgjf;L **s0f{jxfb'/ g]kfnLdfly** ePsf] s'6kL6 tyf hftLo lje]b ;DaGwL ul/sf] :ynut cWoog k|ltj]bg

>fj0f, @)&$



**k|ltj]bs**

**/fli6«o blnt cfof]u**

**blnt /fhg}lts ;+3if{ ;ldlt**

**blnt gful/s ;dfh**

**ljifo;"rL**

!= 36gfsf] k[i7e"ldM #

@= :ynut cWoogsf] p2]Zo $

# cWoog 6f]nLsf ;b:ox¿ $

$= tYo ;ªsng ljlw $

%= 36gf;Fu ;DalGwt ;/f]sf/jfnfx¿sf] egfO{ %

!= lhNnf k|zf;g sfof{no tD3f u'NdLsf] egfO{M %

%=!=! sf];n/fh zdf{ ;xfos k|d'v lhNnf clwsf/L %

%=!=@ dx]Gb| g]kfn, k|x/L pkl/Ifs-8LP;kL\_, u'NdL lhNnf %

%=!=# nId0f pkfWoo÷l3ld/]M lhNnf ;/sf/L jlsnsf] sfof{no ^

v\_ lhNnf l:yt /fhg}lts bn / gful/s ;dfh;Fu ul/Psf] 5nkmnM ^

%=@=! s[i0f ;'gf/, d'lQm ;dfh u'NdLM ^

%=@=@ wdf{ ljs, blnt d'lQm df]rf{M ^

%=@=# sdnf j/fn, blnt dlxnf ;+3, u'NdLM &

%=@=$ s[i0f sfsL{, kL8s dWo]sf PsM &

%=@=% emljnfn e08f/L, :yfgLo lzIfsM &

%=@=^ u0f]z 7s'/L, :yfgLo k;n] &

%=@=& 6]sjxfb'/ sfsL{, kL8s zf]ef sfsL{sf >Ldfg / s[i0f sfsL{sf j'jfM \*

%=@=\* s]z/jxfb'/ ljs, :yfgLo jf;LM  **\***

%=@=( cf]djxfb''/ l;+x 7s'/L, k|ToIf bzL{M \*

%=@=!) k"0f{ lu/L :yfgLo jf;LM \*

%=@=!! ;'ldqf g]kfnL, kLl8tsf] >LdltM (

^=:ynut e|d0fsf qmddf e]l6Psf tYox¿ M (

&= 36gf;Fu cfslif{t sfg"gx¿ (

\*= lgisif{ !)

(=;'emfj !)

!) cg';'lrx? !!

!= 36gfsf] k[i7e"ldM

u'NdL lhNnf d'l;sf]6 gu/kfnLsf j8f g+= $ lgjf;L jif{ $@ sf s0f{jxfb'/ g]kfnL-;fsL{\_ ;fdfGo Hofnf dhb'/L ug{] JolQm ePsf] ufpFn]x?sf] egfO{ cg';f/ yfxf eof] . s0f{jxfb'/ ;w} d]nfkft hfg] / c?sf] ef/L jf]s]/ hLljsf rnfpb} cfO/x]sf lyP . :yfgLo r'gfj eGbf cuf8L log} kL8s zf]ef sfsL{sf] ls/fgf k;nsf] ;dfgx? j;f/kf;/ ug{] sfd klg ub{y] . :yfgLo r'gfjdf km/s bndf ef]6 xfn]sf] sf/0f zf]ef sfsL{n] pgnfO{ sfd glbPsf] klg cWoogsf qmddf b]lvG5 t/ s0f{axfb'/ eg] zf]ef sfsL{sf] 3/df ;w} hfg], lrof, kfgL / slxn] sfFlx dfbs kbfy{ klg ;]jg ug{] u/]sf] b]lvG5 .

ldlt @)&$ c;f9 @$ ut]sf lbg kLl8t s0f{ jxfb'/ g]kfnL ljxfg} ld7' g]kfnLsf] rfdn lngsf] nflu jhf/ lt/ uPsf lyP . ld7' g]kfnLn] rfdn NofP jfkmt Ps lunf; /S;L vfg' eg]/ s]lx /sd lbPsf lyP . pgL rfdn jf]s]/ zf]ef sfsL{sf] k;ndf uP TofFxf pgn] tLg lunf; /S;L vfPsf] b]lvG5 . /S;L vfP/ s0f{jxfb'/ rfdn jf]s]/ lx8\g nfUbf ;fpgL zf]ef sfsL{n] /S;L vfPsf] lunf; w'g elgg t/ s0f{jxfb'/n] of] rfdn ld7' g]kfnLsf] 3/df 5f]8]/ lunf; w'G5' eg] t/ ;fpgLn] oL bdfO{ ;fsL{n] vfPsf] lunf; s:n] w'G5, v'?Ss clxn] g} oL lunf; wf]P/ hfp eg] kl5 km]/L s0f{jxfb'/n] Ps l5g kl5 d of] rfdn jf]Sg ;lSbg d cfP/ w'G5' eg] kl5 ;fpgLn] gf gf y/L ufnL ug{ yfn] kl5 s0f{jxfb'/ cfkm'n] vfPsf] efF8fx? w'g nfu] . olQs}df ;fpgL zf]ef sfsL{ ef8f wf]O/x]sf] s0f{nfO{ oL bdfO{ ;fsL{x? Hofb} jl9 ePsf 5g elg k5f8Laf6 nf}/f]n] xfg] kl5 s0f{jxfb'/ kfgLsf] efF8f-jfF6f\_df n8\g k'u] . kfgLdf n8]kl5 kfgL rf/}lt/ kf]lvof] / pgn] o;n] d]/f] 3/sf] ;j} ;dgf 5f]of] eGb} nf}/f]n] s'6\g yfnLg . d]nf hfg yfn]sL /flwsf l;x+ 7s'/L, d'gf lu/L / nIdL lu/Ln] of] ;j} b[io b]v]kl5 s0f{sf] >Ldlt ;'ldqf g]kfnLnfO{ elglbO{g . of] s'/f ;'g]kl5 ;'ldqfn] d]nfdf sfd ul//x]sf lblb jlxgLx?nfO{ Psl5g d sfsL{sf k;nsf] ef8f wf]P/ cfp5' elg ljbf lnP/ cfPls lyO{g t/ oltj]nf ;Dd s0f{nfO{ ;fpgL zf]ef sfsL{n] nf}/fn] xfg]/ lx8\g g;Sg] jgfO{ ;s]ls lyOg . >Ldlt ;'ldqf g]kfnL, wdf{kfn s6jfNnL / u0f]z vqLn] jf]s]/ cf]djxfb'/ l;+x 7s'/Lsf] 3/ jflx/ ;'tfPsf lyP eg] ptf zf]ef sfsL{n] cfkmgf] 5f]/f s[i0f sfsL{nfO{ s0f{]n] dnfO{ xftkft ug{ vf]Hof] / /5\ofgdf ePsf] kfgLdf lk;fj ul/lbof] elg s'/f nfufP kl5 cfkmgf] df]6/;fOsndf u'08f z}nLdf ufFpsf k|To]s 3/ 3/df uP/ s0f{]sf] vf]hL ug{ yfNof] . hj p;n] cf]djxfb'/ l;+x 7s'/Lsf] 3/df s0f{] /x]sf] yfxf kfP kl5 cGwfw'Gb tl/sfn] lg3f{t s'6kL6 u¥of] . ;'lt/x]sf] dfG5]nfO{ PSsf;L s'6\g ;Dd s'6of] . nft, nf7L / j'6n] s'6g ;Dd s'6of] . s0f{n] xft hf]8]/ hLjgsf] lev dfUbf ;Dd klg p;n] s'6g 5f]8]g ToxfF s'g} klg dfG5] 5'6\ofpg sf]lx klg lyPgg . /utsf] e]n g} ju] kl5 dl/;Sof] eg]/ 5f]8]sf] b]lvG5 .

cr]t cj:yfdf /x]sf s0f{jxfb'/ g]kfnLnfO{ j]n'sL dfq ufFpsf eb|enfbdLx?n] cf}ifwL pkrf/sf] nlfu ;b/d'sfd lng cfu|x u/] Tolx ;dodf k"0f{ lu/Ln] o;/L lsg s'6]sf] eGbf kL8s s[i0f sfsL{n] cem} j9L gjf]n Pp6fnfO{ dfbf{ klg h]n hfg] xf] ltd|f] klg o;} xfnt xf]nf eGg yfNof] . o;nfO{ h:n] cf}ifwL pkrf/ ug{ lnG5 pgLx? s;}nfO{ klg g5f8\g] wlDs ;d]t lbPsf] 5 . p;n] cfkmgf] bnsf dfG5]x?nfO{ jf]nfP/ 7'nf] le8 hDdf u¥of] . s;}n] klg o;nfO{ ;b/d'sfd ;Dd lng kfpb}g eGb} ;j}nfO{ dfg{] wDsL lbg yfn] kl5 s]lx dlxnfx?n] s0f{jxfb'/nfO{ jf]s]/ jhf/ ;Dd NofP t/ jhf/df g} s[i0fsf dfG5]x?n] tL dlxnfx?nfO{ xftkft u/] hlt xftkft u/] klg dfG5] dg{ lbg x'b}g eGb} dlxnfx? cuf8L j9]sf] b]lvG5 . s[i0fsf dfG5]x?n] tLg 7fFpdf 7'nf] cj/f]w ubf{ klg pgLx?n] s0f{jxfb'/nfO{ uf8Ldf /fv]/ ;b/d'sfd ;Dd k7fP / clxn] lk8Lt s0f{jxfb'/ g]kfnLsf] ;ftj6f s/Ë efFlrPsf] / pgL e}/xjfdf pkrf/ ul//x]sf] kfOof] .

;f] 36gfsf ;DaGwdf ldlt @)&$ c;f9 @^ ut] lhNnf l:yt ljleGg /fhg}lts bnsf eft[lgsfox? / kqsf/sf] j}7sn] pQm 36gfsf] lj?4df ;+3if{sf sfo{qmd ug{] lg0f{o u/]sf] lyof] . pQm 36gfsf jf/]df ljleGg ldl8of tyf ;fdlhs ;+hfnx?df cfP kl5 :yfgLo kqsf/x?sf] ;dGjodf /fli6o :t/af6 pQm 36gfsf] ;To tYo kQf nufpgsf] nflu /fli6o blnt cfof]u / ;dtf kmfp08]zgsf] cu'jfO{df bz ;b:oLo cWoog 6f]nL ldlt @)&$ >fj0f %,^,&,\* ut] u'NdL lhNnfl:yt kLl8t kL8s kIfx?sf] 3/sf ;b:ox?, :yfgL jf;LGbf

5/l5d]s, k|ToIf bzL{ tyf 36gf:yn nufotsf :yfgdf :ynut e|d0f u/L ;/f]sf/jfnf lgsfo, :yfgLo afl;Gbf ;Fu 5nkmn tyf :ynut cjnf]sgsf cfwf/df of] k|ltj]bg tof/ kfl/Psf] xf] .

**@= :ynut cWoogsf] p2]Zo M**

* 36gf ;DaGwdf ;TotYo kQf nufO{ k|ltj]bg tof/ u/L ;fj{hlgs ug]{ .
* ck/flwnfO{ xb};Ddsf] sfg'gL sf/afxL / kLl8tnfO{ Gofosf] nflu ;DalGwt lgsfodf kxn Pj+ l;kmfl/; ug]{ .
* 36gfsf ljifodf ;/f]sf/jfnfsf] Wofgfsif{0f ug]{ .
* o; k|sf/sf 36gfx? ;dfhdf gbf]xf]l/gsf] nflu /fHosf] Wofgfsif{0f ug]{ .

**# cWoog 6f]nLsf ;b:ox¿**

**/fli6«o blnt cfof]u**

dfggLo dl~ht tfd|sf/, ;b:o, /fli6o blnt cfof]u

/fdaxfb'/ ljZjsdf{, sfo{qmd clws[t, /fli6o blnt cfof]u

o'j/fh bgf{n, blnt u}/;/sf/L ;+:yf dxf;+3

k|lbk jh|frfo{, cflbjf;L hghftL pTyfg k|lti7fg

**;+o'Qm /fhg}lts blnt ;+3if{ ;ldlt**

6Lsf/fd lbofnL, ;+of]hs, ;+o'Qm /fhg}lts blnt ;+3if{ ;ldlt

k/z'/fd /Dt]n, ;x ;+of]hs /fli6o blnt d'lQm df]rf{÷k'j{ ;ef;b

u0f]z ljZjsdf{ M dxf;lrj, d'lQm ;dfh g]kfn tyf /fli6«o blnt g]6js{

**blnt gful/s ;dfh**

lzjhL ufos, hfu/0f ldl8of ;]G6/

/lj ljZjsdf{, g]kfn /fli6o blnt ;dfh sNof0f ;+3

uf]kfn g]kfnL, ;dtf kmfp08]zg

**$= tYo ;ªsng ljlw**

* 36gf:ynsf] cWoog tyf cjnf]sg
* 3fOt]sf kl/jf/ tyf cfkmGtx¿;Fuu e]63f6 tyf 5nkmn
* 36gfsf ;DaGwdf k|sflzt ;fdfrf/ tyf cGo ;fdfu|Lx¿sf] cWoog
* 36gfdf k|ToIf kLl8t JolQmx¿, k|ToIfbzL{x¿ / :yfgLo u}/blnt ;d'bfosf JolQmx¿;Fu e]63f6 tyf s'/fsfgL
* :yfgLo k|zf;g, k|x/L k|zf;g, blnt gfu/Ls ;dfh, ;~rf/sdL{ tyf cGo ;DalGwt ;/f]sf/jfnfx¿;Fu 5nkmn
* kL8s zf]ef sfsL{ / s[i0f sfsL{sf cljefjs tyf cfkmGtx?;Fu e]63f6÷5nkmn

**%= 36gf;Fu ;DalGwt ;/f]sf/jfnfx¿sf] egfO M**

-s\_ u'NdL lhNnfsf ;/f]sf/jfnfx¿;Fu ul/Psf]] 5nkmndf pgLx¿sf] egfOM

**!= lhNnf k|zf;g sfof{no tD3f u'NdLsf] egfO{M**

**%=!=! sf];n/fh zdf{ ;xfos k|d'v lhNnf clwsf/L,**

lhNnf k|zf;g sfof{no u'NdL o; 36gfsf ljifodf Hofb} g} ulDe/?kdf nflu k/]sf] 5 . lhNnf k|x/L sfof{no u'NdLn] klg cfjZos cg';Gwfg ul//x]sf] hfgsf/L kfPsf 5f} . of] 36gfsf] d'nsf/0f eg]sf] /S;L xf] kLl8t s0f{jxfb'/ g]kfnLn] cln w]/}dfqdf /S;L vfPsf] / k;nsf] leq g} lk;fj u/]sf] sf/0f ;fpgL zf]ef sfsL{n] nf7L k|of]u u/]sf] hfgsf/L cfPsf] 5 . o;} ljifonfO{ lnP/ lhNnf l:yt ;dGjog ;ldltsf] j}7s j;L ;f] 36gsf] cg'udg ug{] ljifodf s'/f klg e}/x]sf] 5 . of] 36gf lhNnf k|x/L sfof{nodf btf{ e};s]sf] 5 / g]kfn k|x/Ln] cg';Gwfg ul//x]sf] 5 . d'2f btf{ e} g} ;s]sf] x'bf o;df lhNnf k|zf;g sfof{no kL8snfO{ xb} ;Ddsf] sfo{jfxLsf] nflu s6Lj4 /x]sf] 5 . xfd|f] sfd eg]sf] zflGt ;'/Iff k|bfg ug{' xf] kLl8t, kLl8tsf cfkmGt / ;fIfLx?sf] ;'/Iff k|bfg ug{' xfd|f] st{Jo ePsf] x'bf xfdLn] To;} lsl;sf] hfgsf/L / ;'/Iff k|bfgsf] nflu g]kfn k|x/LnfO{ cg'/f]w ul/;s]sf 5f} .

**%=!=@ dx]Gb| g]kfn, k|x/L pkl/Ifs-8LP;kL\_, u'NdL lhNnf**

36gfsf] k|s[lt x]bf{ Hofb} g} jj{/ / cdfgljo b]lvG5 . Pp6f dfbs kbfy{ vfP/ ;'lt/x]sf] cj:yfdf qm'// tl/sfn] s'l6Psf] 5 . of] 36gfnfO{ xfdLn] Hofb} g} ulDe/?kdf lnPsf 5f} / ulDe/ tl/sfn] g} cWoog ul//x]sf 5f} . xfd|f] æ1fg, a'l4, ljj]s, l;k, ;|f]t / k|ljlwn] EofP;Dd xfdL of] 36gfsf] tYo kQf nufP/ bf]ifLnfO{ xb};Ddsf] sfo{jfxLsf nflu xfdL nflu k/]sf 5f} . 36gfsf ;Gbe{df tkfO{x¿ r'k nfUg'; jf gnfUg'; xfdL r'k nfu]/ a:g]jfnf 5}gf}, lsgls xfdL To;}sf nflu of] s'rL{df a;]sf] xf] . ls6fgL hfx]/Lsf cfwf/df @ hgfnfO{ lx/f;tdf lnP/ pgLx?sf] jofg k|lqmof cuf8L j9L/x]sf] 5 . k|df0f hDdf u/fpg h'l6/x]sf 5f} . ToxfFsf blnt j:tLdf klg dfG5]x? ljeflht ePsf] b]lvG5 . ;To tYo sf]lx klg jf]Ng dflg/x]sf 5}gg . k|ToIf bzL{x?s} cfwf/df xfdL bf]ifLnfO{ sfo{jfxL ug{ ;S5f} . hlxn] klg g]kfn k|x/ln] o:tf lsl;dsf d'2fx?df ldnfkq u/fp5 eGg] cf/f]k 5 / s]lx Psfw 7fFpdf ePsf klg xf]nfg t/ klg kLl8t cfkm} d]nldnfkdf cu|;/ ePsf] b]lvG5 . of] d'2f klg c;f9 @$ ut] 36gf ePsf] lyof] . $ lbg ;dd s;}n] klg d'2f btf{sf] nflu kxn ug{' ePg kl5 kqklqsf / ;fdflhs ;+hfndf of] 36gfsf] jf/]df rrf{ eP kl5 dfq @\* ut] hftLt e]bfefj tyf 5'jf5't s;"/ / ;hfo P]g cGt/ut of] d'2f btf{ ePsf] xf] . of] d'2f btf{ ePsf] bf]>f] lbg g} kL8s dWo]sf PshgfnfO{ xfdLn] k|qmg ;kmn ePsf xf} eg] t];|f] lbg csf{] kL8snfO{ ;dfltPsf] xf] . clxn] pgLx? k|x/Lsf] lx/f;tdf /x]sf 5g / cg';Gwfg k|lqmof hf/L g} 5 .

**%=!=# nId0f pkfWoo÷l3ld/]M lhNnf ;/sf/L jlsnsf] sfof{no u'NdL**

d'l;sf]6 gu/kfnLsfsf] 36gf cfhsf] o'usf] Pp6f sn+ssf] ?kdf lng ;lsG5 . clxn]sf] cj:yfdf klg vfPsf] lunf; wf]Pg eg]/ s'6kL6 tyf lje]b ug{' ;Eo ;dfhsf] nflu nfhdbf{] 36gf xf] . of] 36gfsf] ljifodf g]kfn k|x/Ln] cg';Gwfg ldlzn ;/sf/L jlsnsf] sfof{nodf k7fPsf] 5 . t/ cg';Gwfgdf lrQ gj'em] kl5 yk cg';Gwfgsf] nflu elg k'gx cg';Gwfg ul/ ldlzn k7fPsf] cj:yf xf] / ef]nL ldlt @)&$ >fj0f \* ut]sf lbg cbfntdf hfb} 5 . o; 36gfsf] d'n hl/of x]bf{ s'6kL6 b]lvP klg hfts} cfwf/df lg3f{t?kdf s'l6Psf] 5 . ;/sf/L jlsn kIf eP/ hlt jx; k}/jL u/] klg k|x/Lsf] cg';Gwfg / ;fIfLs} jskqsf cfwf/df jf]Ng] xf] . k|ToIf bzL{ / ;fIfLx? xf]:6fO{n e}lbPgg eg] of] d'2fdf xb};Ddsf] sfo{jfxL ug{ ;lsG5 . jf:tjdf o:tf bf]ifLx?nfO{ s8f ;hfo lbgsf] nflu sfg"gdf ;+;f]wg x'g h?/L 5 . xfd|f] of] sfg"g hftLo e]befj tyf 5'jf5't ;hfo / s;"g P]g klg s'6kL6 eGg] zJb g} 5}g . x'g t of] d'2f Hofg dfg{] pBf]u ;DaGwL d'2f rnfpg ;lsGYof] ;j} eGbf hfx]/Ljfnfx?n] hfx]/L g} lbg' ePg eg] Hofg dfg{] pBf]u ;DaGwL d'2f 7x/ ug{ eg] ;lhnf] 5}g .

**v\_ lhNnf l:yt /fhg}lts bn / gful/s ;dfh;Fu ul/Psf] 5nkmnM**

**%=@=! s[i0f ;'gf/, d'lQm ;dfh u'NdLM** hftLo ?kdf ul/Psf] s'6kL6 / lje]b clt g} ;+j]bglzn 5 . o:tf k|s[ltsf 36gfsf bf]ifL hf] ;'s} eP klg xfdL Ps h'6 eP/ n8g cfjZos 5 . xfd|f s]lx blnt ;fyLx?n] xfd|f] ;+nUgtf k|lt z+sf u/] klg xfdL lg/Gt/?kdf of] 36gfnfO{ xfdLn] x]l//x]sf 5f} / ;j} ;fyLx?nfO{ cg'/f]w klg 5 ls xfdL hftLo lje]bsf 36gfdf xfd|f] ;+u7g hlxn] klg cu|klQmdf /x]sf] 5 . of] 36gfsf] z'?jft b]lv xfdL lg/Gt/ nflu /x]sf 5f} lhNnf k|x/L k|d'v / k|d'v lhNnf clwsf/LnfO{ e]6]/ s'/f klg ul//x]sf 5f} . To;}n] o:tf lsl;dsf 36gfx?sf] lj?4df Ps eP/ ;fdgf ug{' kg{] cfhsf] cfjZostf b]lvG5 .

**%=@=@ wdf{ ljs, /fli6«o blnt d'lQm df]rf{M** xfdL z'?jft b]lv g} of] d'2fdf nflu k/]sf 5f} . of] 36gf 36]sf] hfgsf/L kfpg ljlQs} xfdL pknJw ;fyLx? j;]/ k|x/Ln] ufFpdf g} ldnfkq gul/of]; eg]/ xfdL ;hu x'b} k|x/L k|d'vnfO{ e]6]/ ;hu u/fPsf lyof} . cfh Pp6f blnt lunf; gwf]Ps} cfw/df lg3f{t s'l6G5 eg] xfdL /fhg}lts sfo{stf{n] xfd|f] /fhg}lts k|lzIf0fdf hftLo lje]b ;DaGwL s'/fx? klg l;sfpg cfhsf] cfjZostf b]lvG5 . cfh Pp6f kf6L{sf] sfo{stf{n] o:tf] h3Go ck/fw ubf{ l;Ëf] kf6L{n] p;nfO{ ;+/If0f lbg' /fd|f] xf]Og / lbg' x'b}g . o;n] blnt cfGbf]ng sDhf]/ u/fp5 . olb s'g} /fhg}lts bnsf] ;+/If0f gkfPsf] eP lk8s s[i0f sfsL{n] lg3f{t s'6]/ klg tLg tLg 7fpFdf cf}ifwL pkrf/ ug{ Nofpg yfn]sf 3fO{t]nfO{ cj/f]w ug{] lyPgg . o:tf lqmofsnfkdf ;+nUg sfo{stf{x?nfO{ xfdLn] cfkmgf] ;+u7g leq sfjf{xL sfo{jfxL ug{ h?/L 5 .

**%=@=# sdnf j/fn, blnt dlxnf ;+3, u'NdLM** d'l;sf]6 gu/kfnLsfsf blntx? cfh klg ;fj{hlgs 7fFpdf vfPsf] lunf; w'g' eg]sf] g]kfns} ljOHhtsf] s'/f xf] . ToxfFsf ;j{;fwf/0f blnt dfq geP/ ev{/ ;DkGg :yfgLo r'gfjdf blnt dlxnf sf]6faf6 pd]bjf/ jGg] blnt dlxnfx?n] klg ef]6 dfUg hfFbf cfkm'n] vfPsf] lunf; wf]Psf lyP . cj xfdL cfkm} ljrf/ u/f} xfd|f /fhg}lts bnsf sfo{stf{ blnt k|lt slt ;sf/fTds 5g eg]/ . of] 36gfdf lk8s kIfn] k;n leq lk;fj u/]sf], ;fpgL zf]ef sfsL{ dfly xftkft u/]sf] eGg] em'7f s'/f u/]/ d'2fnfO{ sDhf]/ jgfpg] v]nv]n]sf 5g eg] k'ln; k|zf;g klg cg';Gwfg ljgf g} Tolx s'/fnfO{ ;lx dfg]/ d'2f cuf8L j9fP/ blnt k|lt cGofo u/]sf] k|i6 b]Vg ;lsG5 . xfdL blnt cu'jfx? klg kf6L{sf] em08f jf]s]/ cfkm} dfly ePsf] lje]bnfO{ klg k|ltsf/ ug{ ;ls/x]sf 5}gf} of] xfd|f] nflu 7'nf] 3fts jg]sf] 5 .

**%=@=$ s[i0f sfsL{, kL8s dWo]sf PsM** s[i0f sfsL{ clxn] k|x/L lx/f;tdf 5g . pgL;Fu e]6gsf] nflu l8P;kL;Fusf] cg'/f]wn] e]6 u/fPsf lyP . s[i0f sfsL{ cGbfhL jif{ @!÷@@ jif{sf o'js x'g . pgL of] d'2fsf k|d'v bf]ifL x'g . pgLsf] :jefj x]bf{ Hofb} g} l/;fxf k|s[ltsf b]lvGy] . pgnfO{ To;/L d/0ff;Gg tl/sfn] s'6bf klg s]lx gu/]sf] h:tf] jofg lbPsf lyP . z'?df cfkm'n] s'6b} gs'6]sf] / s0f{jxfb'/ hlxn] klg /S;L vfg] dfG5] x'g st} n8]/ rf]6 nfu]sf] x'g ;S5 eGg] lsl;dsf] jofg u/]sf lyP . pgn] cfkmgf] ufFp / 3/df s'g} k|sf/sf] hftLo lje]b gx'g] klg jtfPsf lyP . sfdL bdfO{ hf] ;'s} xfd|f] k;ndf cfP/ vfP klg lunf; w'g' gkg{] s'/f jtfPsf lyP . xfdLn] slxNo} klg s;}nfO{ klg lunf; w'g' eg]/ s/ u/]sf 5}gf} . To; lbg klg cfdfn] s0f{nfO{ s'g} k|sf/sf] jn ug{' ePsf] lyPg . p;n] kfgL /fv]sf] jfN6Ldf uP/ lk;fj u/]kl5 cfdfn] @ nf}/L xfGg' ePsf] xf] t/ kl5 7'nf] 3fp eg] st} n8]/ ePsf] xf] d}n] t 5f]Psf] klg 5}g . ufFpn] ;j}n] dnfO{ km;fPsf x'g . \*! jif{ cf]djxfb'/ l;x+ 7s'/Ln] klg em'7f] jf]Ng' ePsf] xf] . w]/} kl5 hftLo e]befj tyf 5'jf5't s;'/ / ;hfo P]g, ;/sf/LjfbL d'2f ePsf] x'bf ltd|f] eljZo ;DaGwL s]lx cK7of/f] kg{ ;S5 eGg] h:tf s'/fn] pgnfO{ jf:tljstf lt/ NofPsf] b]lvG5 . clg pgn] jf:tljstf vf]Ng yfn], cfdf / s0f{sf] emu8f x'bf d lyPg . xfd|f] k;ndf lk;fj ug{], cfdnfO{ b'/Jojxf/ / xftkft ul/ cfdfnfO{ s0f{sf] bfh'sf] k};f lsg ln; elg rf]/ h:tf cf/f]k nufPsf] sf/0f d s0f{nfO{ ;Demfpg dfq uPsf] x' s'6]sf] eg] x}g .

**%=@=% emljnfn e08f/L, :yfgLo lzIfsM** d'l;sf]6 gu/kfnLsf leq 5'jf5'tsf] Jojxf/ clxn] ;Dd 5 . oxfFsf ;j} blntx?n] cfkm'n] vfPsf] efF8f w'g' k5{ . of] k/Dk/fb]lv rNb} cfPsf] s'/f xf] . o; 36gfsf ;DaGwdf d k|ToIf bzL{ t xf]Og t/ klg ;'Ggdf cfP cg';f/, s[i0f sfsL{ cln pR5[vn :jefjsf JolQm x'g . o; 36gfsf] d'Vo bf]ifL s[i0f eP klg p:sfpg] sfd cfdfn] u/]sf] b]lvG5 . s0f{ ;w} h;f] dhb'/L ug{] dflg; x'g j]n'sLlt/ pgn] /S;L vfg] ub{5g . To; lbg eg] ljxfg /S;L vfPs} b]lvG5 . /S;L vfP kl5 pgn] /S;Lsf] lunf; gwf]Pkl5 zf]ef sfsL{n] s'6]sL lyOg eGg] ;'lgG5 . Ps nf}/f]n] s'6]kl5 s0f{ efF8f w'g uP / pgL kfgLsf] efF8fdf n8]/ kfgLsf l56fx? pgsf] k;ndf cfP / d]/f] ;j} k;n clg ;j} ;dfg 5f]of] eg]/ km]/L zf]efn] s'6Lg . 5f]/f cfP kl5 5f]/fnfO{ pS;fpg] sfd zf]efn] u/]sf] b]lvG5 .

**%=@=^ u0f]z 7s'/L, :yfgLo k;n]M** o:tf] efF8f w'g] rng gePsf] xf]Og clxn] klg 5 t/ d]/f] k;ndf To;tf] Jojxf/ ul/b}g . cfh klg slt blnt ;d'bfosf dflg;x? cfpg'x'G5 vfg'x'G5 clg efF8f cfkm} wf]P/ hfg'x'G5 . pxfFx?nfO{ jfgL kl/;s]sf] 5 . xfdLn] efF8f w'g'xf]; eGg} kb{}g cfkm} pxfFx? efF8f w'g' x'G5 . of] 36gfdf eg] s0f{n] j9L /S;L vfP/ kfgLsf efF8fx? 5f]Ps} sf/0f s'6fO{ vfPsf] xf] eGg] s'/f ;'g]sf] 5' .

**%=@=& 6]sjxfb'/ sfsL{, kL8s zf]ef sfsL{sf >Ldfg / s[i0f sfsL{sf j'jfM**

xfd|f] 3/ of] xf]Og of] ls/fgf k;n xf] oxfF v'b|f ;dfg / dfbs kbfy{x? /flvPsf] 5 . of] 36gfsf lbg d / d]/f] 5f]/f s[i0f sfsL{ lyPgf}+ . d]/f] 5f]/f jgf/df sfd ub{5 . d 3/lt/ ls;fgL sfd ub{5' eg] d]/f] >Ldlt zf]ef sfsL{n] of] k;n x]l5{g . To; lbg s0f{jxfb'/ cGoqaf6} /S;L vfP/ cfPsf] /x]5 / xfd|f] k;nsf] j]Grdf ;'lt/x]sf] lyof] . p;sf bfHo' efpHo"x?n] xfd|f] k;nsf] s]lx /sd lbg jfFsL lyof] To; lbg p;sf bfh' efpHo'n] j[4eQf j'em]/ cfPsf /x]5g / d]/f] k;nsf] pwf/f] ltg{ nfUbf d]/f] bfh'efpHo'sf] k};f n'6\g nfu]sf] eg]/ s/fO/x]sf] lyof] . clg p;nfO{ 3/df hfp elg eGbf p7]/ ef8fF w'g] 7fpFdf /fv]sf] kfgLsf] jflN6gdf lk;fj ul//x]s]f /x]5 Tof] cfjfh ;'g]/ d]/f] >Ldlt ToxfF hfFbf lk;fj ul//x]sf] b]v]kl5 @ nf}/f] xfg]s} x'g . To;kl5 s0f{sf] >Ldlt / cGo s]lx dfG5]x? cfP/ s0f{nfO{ lnPsf x'g . kl5 d]/f] 5f]/f]n] s'6g' ulNt u/]s} xf] d To;sf] pkrf/sf] nflu tof/ 5' eg] ufFpsf ;j} dflg;x?;Fu ;Nnfx u/]/ p;nfO{ ;b/d'sfd lng] tof/L e}/x]sf] lyof] . Ps hgf jlxgLn] xfdL pkrf/dfq xf]Og d'2f xfNg klg hfFb}5f} eg] kl5 ufFpdf ldln;s]sf] s'/fnfO{ km]/L d'2fg} xfNg] eP d lsg ltdLx?sf] kl5 nfu]/ hfg' eg]/ 3fOt]sf] kl5 nfu]/ d pkrf/ ug{ uPsf] xf]O{g . jf:tjdf eGg] xf] eg] s0f{sf] ulNt klg 5 p;n] 3/df g} cfP/ lk;fj ug{' /fd|f] xf]Og . d}n] pkrf/ u5'{ eGbf eGb} d'2f dfldnf u/]sf x'g . d]/f] 5f]/fsf] klg ulNt 5 d dfkmL dfU5' eg]s} 5' .

**%=@=\* s]z/jxfb'/ ljs, :yfgLo jf;LM** xfdL blnt ;j}n] k;ndf s'g} klg lrh vfPdf efF8f w'g'g} kb{5 . clxn] cfkm'nfO{ jrfpgsf] nflu s]lx JolQmx?n] oxfF 5'jf5't 5}g eg] klg xfdL t ;w} efF8f w'g] u/]sf 5f} . of] emu8fn] xfdl blntx?jLrdf Pstf ePsf] 5 . blnt Pstf ;+hfn klg u7g u/]sf 5f} . tTsfn blnt Pstf ;+hfnsf] j}7s j;]/ o; ljifonfO{ ulDe/ ?kdf lnPsf] 5 . of] 36gf Hofb} cdfgljo tl/sfn] ul/Psf] xf] o;df /fhg}lts bnsf] ;+nUgtf ePsf] x'bf xfdL Psh'6 eP/ o;sf lj?4df cl3 j9]sf 5f} .

**%=@=( cf]djxfb''/ l;+x 7s'/L, k|ToIf bzL**{M d \*! jif{sf] j[4 x' dnfO{ em'7f] jf]Ng' 5}g . s0f{] / zf]ef sfsL{sfjLr s] ljifod emu8f ePsf] jf:tljs?kdf dnfO{ yfxf 5}g . zf]ef sfsL{n] nf7Ln] xfg]sf] x'g eGg] s'/f ;'Ggdf cfPsf] 5 d Tof] emu8fdf lyPg . To; lbg k;ndf emu8f k/]kl5 s0f{]nfO{ p;sL >Ldlt ;'ldqf g]kfnL, wdf{kfn s6jfNnL / u0f]z vqLn] jf]s]/ d]/f] 3/sf] b}nf]df ;'tfPs x'g . s0f{]nfO{ /S;L nfu]sf] lyof] / p u'Gb|df ;'lt/x]sf] lyof] eg] p;sf] >Ldlt ;'ldqf g]kfnL sfsL{sf] 3/df >Ldfgn] vfPsf] lunf; w'gsf] nflu uPls lyOg . ufFpdf klg sf]lx lyPgg lsg ls ufFpdf j}7s lyof] . To;kl5 s[00f ufFp e/L s0f{]nfO{ vf]hL/x]sf] /x]5 / d]/f 3/ glhs cfP/ jfh] s0f{] 5 elg ;f]Wof] dnfO{ s] yfxf o:tf emu8f x'G5 eg]/ d}n] xf] olx 5 ;'lt/x]sf] 5 eg]/ eg] . Tof] rf]/ sfdL ;fsL{n] d]/f] 3/sf] kfgLdf lk;fj u/]/ cfP/ oxfF kf] ;'t]sf] /x]5 eg]/ nflQn] xfGof] . lsg xfG5; ls;g] elg d}n] eGbf o;n] /S;L vfP/ d]/f] 3/df hyfeflj u/] 5 eGb} s'6\g yfNof] . b}nf] dfly ;'lt/x]sf] dfG5]nfO{ s'6\b} tn emf¥of] Tolt ePg eg]/ nf}/f], d'Ssf / nftn] s'6\g ;Dd s'6of] . @ k6s tn emb{} s'6]sf] xf] . clg d'vaf6 / lgwf/df ulx/f] rf]6 nfu]/ /ut g} jUof] clxn] klg xfd|f] u'Gb|Ldf /utsf 6f6fx? 5g . s0f{]n] ef] xh'/ dnfO{ jfFRg lbg'xf]; d}n] ;fpgLsf] d'vd'v nfu]/ uNtL u/] dnfO{ jfFRg lbg'xf]; eGb} xft hf]l8/x]sf] lyof] t/ klg s[i0ffn] s'6\g 5f]8]/ cGTodf d¥of] eg]/ s'6\g 5f]8]sf] xf] . oxfF sf]lx dfG5] lyPgg 5'6ofpgnfO{ d j'9f] dfG5] d]/f] sfvdf gftLgL lyof] / 8/n] gftLgL /f]lx/x]sL lyO{ . d]/f] >Ldlt klg lyOg t/ pgL lx8\g g} ;Sb}gg . d}n] w]/}k6s gs'6 cj of] dl/xfN5 eGbf klg dg{ lbg'xf]; eGb} s'l6/x]sf] lyof] .

**%=@=!) k"0f{ lu/L :yfgLo jf;LM** d cfkm} of] 36gfsf] k|ToIf bzL{ t xf]Og t/ ;'g] cg';f/ zf]ef sfsL{n] xfg]sf] rf]6n] s0f{jxfb'/ lx8\g g;Sg] ePsf] lyof] . Tof] eGbf j9L s'6fO{ eg] s[i0fn] u/]sf x'g . c:ktfnn] eg] cg';f/ s[i0fsf] s'6fO{af6 g} & j6f s/Ë efFlrPsf] 5 /] . cj p;sf] hLGbuL cwf eO{g} ;s]sf] 5 . sfd u/]/ vfg] dfG5] cfwf zl//n] s;/L hxfg kl/jf/ kfNg] xf] . olt ;Dd dfq sxfF xf] / ufFpsf] j}7s ;s]/ xfdL ;j} hgf hDdf eP/ s0f{jxfb'/ cf:ktfn n}hfg vf]Hb} lyof} s[i0f cfP / lsg cfdfn] s'l6;s]kl5 s'6]sf] eGbf jl9 gjf]n PsnfO{ df/] klg ;hfo x'g] g} xf] ltdL klg hfpnf ljgf sfn eg]/ dnfO{ g} wDsfPsf] lyof] . xfdL ;j} hgf ufFpn]x? ldn]/ 3fO{t]nfO{ c:ktfn lng vf]Hb} lyof} kf6L{sf sfo{stf{ jf]nfP/ 3fO{t]nfO{ c:ktfn lngdf cj/f]w u/]sf] lyof] . xfdL k'?ifx?n] 3fOt]nfO{ lnbf 7'nf] emu8f x'g] ePsf]n] dlxnfx?n] 3fOt]nfO{ jf]s]sf lyP t/ klg dlxnf dfly klg xftkft / b'/Jojxf/ u/]sf lyP kf6L{sf dfG5]x?n] . dlxnf dfly xftkft / b'/Jojxf/ ug{]x? dWo] s[i0f sfsL{, lvdjxfb'/ / bfnjxfb'/ x'g . t/ klg dlxnfx?n] lj/fdLnfO{ uf8L ;Dd lng ;kmn eP/ clxn] 3fO{t] s0f{jxfb'/ e}/xjfdf pkrf/ u/fO{/x]sf 5g .

**%=@=!! ;'ldqf g]kfnL, kLl8tsf] >LdltM**

ljxfg \*M)) jh]lt/ ld7' g]kfnLsf] rfdn lng hfg' ePsf] xf] . cfpbf ld7' g]kfnLn] gf:tf vfgfsf] nflu s]lx /sd lbg' eP 5 / pxfF->Ldfg\_n] zf]ef sfsL{sf] k;ndf j;]/ tLg jf]tn /S;L vfg' eP 5 . ;fpgL zf]ef sfsL{;Fu ;f]w]/ d Ps l5g kl5 of] rfdn k'¥ofpg ;lSbg clxn] d of] rdn 5f]8]/ cfp5' clg d}n] vfPsf lunf;x? w'G5' elg lx8g nfUbf ;fpgL zf]ef sfsL{n] x'b}g clxn] g} wf]P/ hfg] elg kl5 w'g /5\ofg lt/ uPsf] dfG5]nfO{ nf}/f]n] lxsf{pbf kfgLsf] jfN6Ldf kg{' eof] / zl// ;j} leHof] / pgn] kfgLdf lk;fj u¥of] elg cf/f]k nfuPls x'g . Tolx cf/f]kdf pgn] lx8\g g} g;Sg] ul/ s'l6g . To;kl5 d}n] / s]lx cGo JolQmx? ldn]/ cf]djxfb'/ l;Fxsf] 3/df /fv]sf] lsg ls 36gf :ynb]lv xfd|f] 3/ cln 6f9f 5 / d sfsL{sf] k;nsf] efF8f w'g uP t/ To; ;dodf s[i0f sfsL{n] d/0f;Gg tl/sfn] s'6]sf x'g . jf:tjdf ToxfF lk;fj km]/]sf], ;fpgLnfO{ xftkft u/]sf] s]lx xf]Og hfts} cfwf/df s'l6Psf] xf] . r'gfjdf ef]6 gxfn]sf] l/; lyof] .

**^=:ynut e|d0fsf qmddf e]l6Psf tYox¿ M**

* k/Dk/f b]lv g} rNb} cfPsf] hftL Joj:yf cfh klg o; gu/ If]qleq sfod /x]sf] b]lvof] .
* of] 36gfsf] d'n sf/0f eg]s} hftLo lje]b g} xf] .
* ldlt @)&$ c;f9 @$ ut] /S;L vfPsf] lunf; gwf]Ps} sf/0f kLl8tn] cdfgljo tl/sf s'6fO{ vfPsf] b]lvG5 .
* ldlt @)&$ c;f9 @$ b]lv @\* ut] ;Dd pQm 36gfnfO{ ufFpdf ldnfpg] tl/sfn] s'/f cuf8L j9fPsf] b]lvG5 .
* o; 36gfdf /fhg}lts bnsf] k"0f{ ;xfof]u /x]sf] b]lvG5 . /fhg}lts bnsf sfo{stf{n] kL8s zf]ef sfsL{ tyf pgsf 5f]/f s[i0ff sfsL{nfO{ ;+/If0f u/]sf] b]lvG5 . lx/f;tdf g} x'bf klg lk8s s[i0f sfsL{df k5'tf] eGg] zJb g} b]lvPg pgL eGb} lyP d s]lx lbgdf 5'6]/ b]vfOlbG5' .
* ;fIfL tyf k|ToIf bzL{sf cg';f/ cf]djxfb'/ l;x 7s'/Lsf] 3/df 36]sf] 36gf Hofb} g} lglb{o / jj{k"0f{ /x]sf] 5 . k|ToIf bzL{ cf]djxfb'/ l;x+ 7s'/Ln] eg] em} jf:tjdf /utsf] vfn ju]kl5 dfq s'6 5f]l8Psf] 5 .
* kfgLsf] efF8fdf lk;fj u/]sf], ;fpgL zf]ef sfsL{dfly xftkft ul/Psf] elgPsf] 5 jf:tjdf lk8Lt s0f{jxfb'/ kL8ssf] ;fd' 7f8f] lz/ u/]/ x]g{ g} g;Sg] cj:yfsf] dfG5]n] s;/L of] xs{t ug{ ;Snf of] t ;/f;/ em'6 s'/f xf] eg]/ :yfgLo lzlIfsn] hfgsf/L lbg' eof] .
* /fhg}lts bnsf] cf8df 3fO{t]nfO{ cf}ifwL pkrf/ g} ug{ glbg] tl/sfn] # j6f 7fFpx?df cj/f]w v8f ul/Psf] / blnt dlxnfx?dfly xftkft ul/Psf] b]lvPsf] 5 .
* 36gfsf] cg';Gwfg k|lqmof yfn]sf] k|x/Ln] cg';GwfgnfO{ Psbd lkmtnf] cg';Gwfg u/]sf] b]lvG5 .
* kL8s zf]ef sfsL{sf >Ldfgn] 5f]/fsf] uNtLnfO{ ;xh tl/sfn] :jLsf/L ;s]sf] cj:yfdf klg cg';Gwfg k|lqmof lkmtnf] b]lvPsf] 5 .
* cfh klg blnt ;d'bfosf clwsfF; dflg;x?n] d'l;sf]6 gu/kfnLsfsf k;n tyf ;fj{hlgs 7fFpx?df vfPsf] efF8f w'g' kg{] cj:yf b]lvG5 .

**&= 36gf;Fu cfslif{t sfg"gx¿**

* g]kfnsf] ;+ljwfgn] k|Tofe't u/]sf] ;Ddfgk"j{s afFRg kfpg] xs -wf/f !^\_, :jtGqtfsf] xs -wf/f !&\_, ;dfgtfsf] xs -wf/f !\*\_ / 5'jf5"t tyf e]befj lj?4sf] xs -wf/f @$\_ sf] xgg\ ePsf] b]lvG5 .
* ;a} lsl;dsf hftLo e]befj pGd"ng ug]{;DaGwL cGt/fli6«o dxf;lGw !(^% sf] wf/f ! cg';f/ /fhgLlts, cfly{s ;fdflhs, ;fF:s[lts jf ;fj{hlgs hLjgsf jf cGo s'g} If]qdf ;dfgtfsf] cfwf/df dfgjclwsf/ tyf cfwf/e"t :jtGqtfx¿sf] dfGotf, pkof]u jf Jojxf/, lgif]w jf sdhf]/ ug]{ p2]Zon] hflt, j0f{, j+z jf /fli6«o hftLo pGkQLsf cfwf/df u/Lg] s'g} klg e]befj, jlxisf/, k|ltaGw jf k|fyldstfnfO{ ;Demg' k5{ elgPsf] / wf/f @ n] kIf/fi6«x¿n] hftLo lje]bsf] lGfGbf ub{5g\ / s'g} klg ¿kn] hftLo lje]b pGd"ng ug]{ tyf ;a} hfltx¿aLr ;dembf/L clej[l4 ug]{ gLlt ckgfpg ;Dk"0f{ ;d"lrt pkfox¿ cljnDa ckgfpg] s'/fsf] k|lt1f ug'{kg]{ Joj:yf ul/Psf]]df ;f] sf] lj?4 36gf ePsf] b]lvG5 .
* hftLo e]befj tyf 5'jf5't-s;"/ / ;hfo\_ P]g, lj=;= @)^\* sf] bkmf #- !/ @\_, $-@\_-s\_ / $-&\_ ;d]tsf] Joj:yfx¿ s;}n] klg hftLo e]befj tyf 5'jf5"t ug{ jf u/fpg gx'g], s;}n] s'g} klg JolQmnfO{ k|yf, k/Dk/f, wd{, ;+:s[lt, /Lltl/jfh, hft, hflt, j+z, ;d'bfo jf k]zfsf cfwf/df o; bkmf adf]lhdsf] s'g} sfd u/] jf u/fPdf hftLo e]befj tyf 5'jf5"t ug{ gkfO{g], s;}n] k|rlnt sfg"g adf]lhd pd]/ k'u]sf j/–jw'jf6 d~h"/ ePsf] cGt/hftLo ljjfx ug{af6 s'g} klg JolQmnfO{ hft, hflt, j+z jf ;d'bfosf cfwf/df /f]s nufpg gkfpg];DaGwL Joj:yfsf] lj?4 36gf ePsf] b]lvG5 .
* gful/s clwsf/ P]g lj=;= @)!@ sf] bkmf # cg';f/ k|rlnt g]kfn sfg'gsf] cwLgdf /xL sfg'gsf] cufl8 ;dfgtf / sfg'gsf] ;dfg ;+/If0faf6 s'g} klg gfu/LsnfO{ O{Gsf/ gu/Lg] xssf] xgg\ ePsf] b]lvG5 .
* d'n'sL P]g Hofg;DaGwL dxnsf] bkmf ! cg';f/ sfg'g adf]lhd afx]s s;}n] s'g} dflg;sf] Hofg dfg{, dfg{ nufpg jf dfgf{sf] pBf]u ug{ x'Fb}g eGg] Joj:yf lj?4sf] sfo{ ePsf] b]lvG5 .

**\*= lgisif{**

36gfsf] k|s[lt x]bf{ Hofg dfg{] pBf]u ;DaGwL d'2f xf] . Pp6f lgbf{]if JolQmnfO{ lg3f{t ?kdf s'6LPsf] / p;n] cfkmgf] jfFRg kfpg] clwsf/nfO{ klg jfFRg glbg] tl/sf] cTofrf/ b]lvG5 . Pp6f ;fj{hlgs 7fFpdf vfPsf] efF8f gwf]Psf] sf/0f /fhg}lts bnsf] cf8df s'l6Psf] cj:yf b]lvG5 . >d u/]/ hLljsf rnfpg] dfG5nfO{ c?sf] ;dfg 5f]8g hfG5' / cfP/ ef8fF w'G5' eGbf klg hjh{:tL u/]sf] b]lvG5 .

dfly pNn]lvt cfwf/x?df, 36gfsf] k|s[lt, k|ToIfbzL{x?sf] egfO{ tyf 36gfsf] k[i6e'ld x]bf{ pQm 36gf lgtfGt hftLo cfwf/df 36fOPsf] xf] . pQm 36gf blnt ePs} sf/0f / blntn] s'6fO, lk6fO{sf ;fy} cGofo ;xg} k5{ eGg] k'/ftg tyf ;dfGtjfbL ;f]rsf cfwf/df >[lht 36gf ePsf] b]lvG5 .

**(=;'emfj**

* 36gf ;"lgof]lht tl/sfn] if8oGqd"ns 9ªuaf6 ePsf]n] uxg tl/sfn] 36gfsf] cg';Gwfg ug'{kg]{ b]lvG5 . lhNnf l:yt ;/sf/L sfo{fnosf] dgf]efjgf x]bf{ o; 36gfnfO{ ;dfGo tl/sfn] lnPsf] b]lvG5 . hftLo lje]bsf 36gfx?n] s'g} ;d'bfosf] cfTd;Ddgdf 7]; nfUg] s'/f gul/of]; .
* o; 36gfdf ;+nUg JolQmx¿ / xTofsf dltof/nfO{ xb} ;Ddsf] sfg"gL sf/jfxL ul/g'kb{5 .
* pQm 36gf hftLo e]befj tyf 5'jf5"taf6 clek|]l/t eO{ :jtGq ¿kdf afFRg kfpg] clwsf/, cfTd–;Ddfg, dfgjLo dof{bf, clje]b, Gofo / ;dfgtf h:tf dfgjclwsf/sf d'ne"t l;åfGt ljkl/t 36fO{Psf] x'gfn] /fli6«o dfgjclwsf/ cfof]u, /fli6«o blnt cfof]u nufot dfgjclwsf/sf If]qdf sfo{ ug]{ ;a} ;ª3 ;+:yfx¿ ;d]t ;+j]bglzn eO{ lgkiIf 5fgljg tyf s8f eGbf s8f sfg"gL sf/jfxLsf nflu ;+o'Qm ¿kdf kxn ul/g'kb{5 .
* 36gfnfO{ lkmtnf] 9ªun] cg';Gwfg ug]{ k|x/LnfO{ t'?Gt ljefuLo sf/jfxL ul/g'kb{5 .
* kLl8tsf] kl/jf/ tyf pQm 36gfnfO{ k|ToIf b]Vg] ;fIfL, ;h{ldgsf JolQmx¿, df}sfdf sfuh ug]{ JolQmx¿sf] lhp Hofgsf ;'/Iffsf] Uof/]G6L ul/g'kb{5 .
* g]kfn ;/sf/n] kL8Ltsf kl/jf/nfO{ plrt IftLk"tL{sf] Joj:yf ug'{kb{5 .
* eljZodf o:tf k|sf/sf 36gfx¿ bf]xf]l/g glbgsf] nflu g]kfn ;/sf/n] /0fgLlts of]hgf tyf sfo{qmd ;lxt blnt ;d'bfosf]] lhp–wgsf] ;'/Iffsf nflu ljz]if kxn ul/g'k5{ .

**k|ltj]bsx?sf] gfd**

**/fli6«o blnt cfof]u**

dfggLo dl~ht tfd|sf/, ;b:o, /fli6o blnt cfof]u

/fdaxfb'/ ljZjsdf{, sfo{qmd clws[t, /fli6o blnt cfof]u

o'j/fh bgf{n, blnt u}/;/sf/L ;+:yf dxf;+3

k|lbk jh|frfo{, cflbjf;L hghftL pTyfg k|lti7fg

**;+o'Qm /fhg}lts blnt ;+3if{ ;ldlt**

6Lsf/fd lbofnL, ;+of]hs, ;+o'Qm /fhg}lts blnt ;+3if{ ;ldlt

k/z'/fd /Dt]n, ;x ;+of]hs /fli6o blnt d'lQm df]rf{÷k'j{ ;ef;b

u0f]z ljZjsdf{ M dxf;lrj, d'lQm ;dfh g]kfn tyf /fli6«o blnt g]6js{

**blnt gful/s ;dfh**

lzjhL ufos, hfu/0f ldl8of ;]G6/

/lj ljZjsdf{, g]kfn /fli6o blnt ;dfh sNof0f ;+3

uf]kfn g]kfnL, ;dtf kmfp08]zg

**!) cg';'lrx?**

!= kqklqsf tyf ;fdlhs ;+hfndf k|sfl;t ;drf/x?

http://www.ebaglung.com/archives/10815

http://www.everestdainik.com/2017/07/104362/



Figure Meeting with CDO and DSP at Gulmi

Figure Shova karki's shop.



Figure Sumitra Nepali Karnabahadur's wife.